



# PARESH MARTIAL ARTS

MAY 2017

## A MESSAGE FROM MS. OHLSON

Here comes summer Team! And with it change. A lot of change. School will be out, schedules will be shifting and Paresh will be moving. It will be an exciting time! I am so thankful for this community, its support, its strength and its drive. I am looking forward to creating a new home for us with you all and know that we will find a wonderful place to continue our adventure together. Stay tuned!

*Tang Soo!*  
*Ms. Ohlson*

### APRIL STUDENT OF THE MONTH ALEX SLEZAK

Name: **Alex Slezak**  
 Rank: **7th Gup, Orange Belt**  
 Class: **Junior Gup**  
 Qualifying Traits:  
**Discipline, Respect, Integrity**  
 Training Highlight:  
**Breaking my first board.**  
 How do you use TSD in your daily life?:  
**TSD helps me have patience with other kids at school and has taught me how to be a good leader.**  
 Advice for other students:  
**Pay attention because the skills you learn will be useful throughout your life.**

*Contributed by Alex Slezak*

## 6TH AVE BLOCK PARTY DEMO

Saturday, April 22nd was the 6th Street Block Party, and every year Paresh is invited to do a demonstration. This year, with Julie G's lead, we had fun doing some basic techniques and open hand forms. Our demo team had the opportunity to present what we had so far and it went really well. We ended the presentation by inviting the audience to try out some targets. Everyone had big smiles as they punched and kicked!



*Contributed by Gena E*